

Union Yoga Ayurveda Classes at Kembangan branch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 - 9:30							
9:30 - 10:00	Training Course	Training Course	Training Course				
10:00 - 10:30							
10:30 - 11:00							
11:00 - 11:30							
11:30 - 12:00	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga			
12:00 - 12:30							
12:30 - 1:00							
1:00 - 1:30							
1:30 - 2:00	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Training Course	Training Course
2:00 - 2:30							
2:30 - 3:00							
3:00 - 3:30							
3:30 - 4:00							
4:00 - 4:30						Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga
4:30 - 5:00							
5:00 - 5:30						Meditation	
5:30 - 6:00							
6:00 - 6:30							
6:30 - 7:00							
7:00 - 7:30							
7:30 - 8:00	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga				
8:00 - 8:30	Training Course	Training Course	Training Course	Training Course	Training Course		
8:30 - 9:00							
9:00 - 9:30							
9:30 - 10:00							

* \$25 / class

* attend 4 classes within 6 weeks and get a complimentary 5th loyalty class

* call 68420885 / 83216170 for reservations

Union Yoga Ayurveda Classes at Beauty World branch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 - 9:30							
9:30 - 10:00							
10:00 - 10:30	Yin Yang Yoga (Margaret)	Yoga Stretch (Amy)	Core Yoga (Amy)	Sun Salutation (Wenyi)	Gentle Yoga (Jasper)	Pre Natal Yoga (Beysan)	
10:30 - 11:00	Training	Training	Training		Training	Training	Training
11:00 - 11:30	Course	Hatha Yoga (Amy)	Yoga For Beginner (Mandarin Speaking) (Amy)	Hatha Yoga (Wenyi)	Dynamic Yoga (Jasper)	Hatha Yoga (Beysan)	Course
11:30 - 12:00		Course	Course		Course		Course
12:00 - 12:30							
12:30 - 1:00							
1:00 - 1:30							Aerial Yoga (Maria)
1:30 - 2:00							
2:00 - 2:30							
2:30 - 3:00		Seasonal		Seasonal		Seasonal	
3:00 - 3:30		Course		Course		Course	
3:30 - 4:00							
4:00 - 4:30							
4:30 - 5:00							
5:00 - 5:30							
5:30 - 6:00							
6:00 - 6:30	Yin Yoga (Jacq)	Hatha Yoga (Intermediate) (Jasper)	Core Yoga (Jasper)		Yoga Dynamic (Jasper)	Yin Yoga (Jacq)	Hatha Yoga (Intermediate) (Jasper)
6:30 - 7:00		Hatha Yoga (Jacq)	Hatha Yoga (Intermediate) (Jasper)		Hatha Yoga (Jacq)		
7:00 - 7:30	Hatha Yoga (Jasper)	Training	Yin Yoga (Jjoyce)	Hatha Yoga (Zhi Yan)			
7:30 - 8:00		Course		Training		Training	
8:00 - 8:30				Course		Course	
8:30 - 9:00							
9:00 - 9:30							
9:30 - 10:00							

- * \$30 / class and enjoy whole week unlimited free classes
- * attend 4 classes within 6 weeks and get a complimentary 5th loyalty class
- * call 68420885 / 83216170 for reservations

Class booking/cancellation Rules and Regulations:

All practitioner are to abide to Union Yoga Ayurveda rules and regulations at all times to prevent any unforeseen circumstances.

- ✓ Booking must be made at least 24hrs in advance by Whatsapp SMS.
- ✓ Booking from Loyalty card user must be made at least 6hrs in advance.
- ✓ Loyalty card are valid for 3 months from the day of first usage.
- ✓ Loyalty card must be presented before class commences, otherwise, prevailing walk-in rate would be applied.
- ✓ Booking for all other coupons/groupon user are valid for 6 weeks from the date of first usage.
- ✓ Cancellation must be made 12hrs in advance, otherwise it will be marked as a class used.
- ✓ Cancellation for Loyalty card user must be made 4hrs in advance or earlier, otherwise it will be marked as a class used.