

Union Yoga Ayurveda Classes at Kembangan branch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 - 9:30							
9:30 - 10:00	Training Course	Training Course	Training Course				
10:00 - 10:30							
10:30 - 11:00							
11:00 - 11:30							
11:30 - 12:00	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga			
12:00 - 12:30							
12:30 - 1:00							
1:00 - 1:30							
1:30 - 2:00	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Training Course	Training Course
2:00 - 2:30							
2:30 - 3:00							
3:00 - 3:30							
3:30 - 4:00							
4:00 - 4:30						Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga
4:30 - 5:00							
5:00 - 5:30						Meditation	
5:30 - 6:00							
6:00 - 6:30							
6:30 - 7:00							
7:00 - 7:30							
7:30 - 8:00	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga				
8:00 - 8:30	Training Course	Training Course	Training Course	Training Course	Training Course		
8:30 - 9:00							
9:00 - 9:30							
9:30 - 10:00							

* \$25 / class

* attend 4 classes within 6 weeks and get a complimentary 5th loyalty class

* call 68420885 / 83216170 for reservations

Union Yoga Ayurveda Classes at Beauty World branch

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
9:00 - 9:30												Aerial Yoga (Jo)		
9:30 - 10:00														
10:00 - 10:30	Yin Yang Yoga (Margaret)	Hatha Yoga (Sally)	Aerial Stretch (Amy)	Hatha Yoga (Zhi Yan)	Hatha Yoga (Amy)	Yin Yoga (Sally)	Yoga Stretch (Wenyi)	Hatha Yoga (Sally)	Core Yoga (Jasper)	Pre-Natal Yoga (Eun)	Sun Salutation (Jasper)			
10:30 - 11:00														
11:00 - 11:30	Hatha Yoga (Cecilia)	Training Course	Core Yoga (Amy)	Training Course	Yoga For Beginner (Mandarin Speaking) (Amy)	Training Course	Ashtanga Beginner (Wenyi)	Hatha Yoga (Cecilia)	Dynamic Yoga (Jasper)	Training Course	Hatha Yoga (Deepshikha)	Training Course	Training Course	Training Course
11:30 - 12:00														
12:00 - 12:30												Aerial Yoga (Stephanie)		
12:30 - 1:00														
1:00 - 1:30												Rope Yoga (Jasper)		Aerial Yoga (Maria)
1:30 - 2:00														
2:00 - 2:30		Seasonal Course		Seasonal Course		Seasonal Course		Seasonal Course		Seasonal Course				
2:30 - 3:00														
3:00 - 3:30														
3:30 - 4:00														
4:00 - 4:30												Dynamic Yoga (Jasper)		Rope Yoga (Jasper)
4:30 - 5:00														
5:00 - 5:30														
5:30 - 6:00								Gentle Yoga (Deepshikha)						
6:00 - 6:30	Yin Yoga (Jacq)	Hatha Yoga (Deepshika)	Hatha Yoga (Jacq)	Core Yoga (Jasper)	Hatha Yoga (Intermediate) (Jasper)		Hatha Yoga (Jacq)	Yoga Dynamic (Jasper)	Yin (Jacq)	Hatha Yoga (Intermediate) (Jasper)				
6:30 - 7:00														
7:00 - 7:30		Training Course	Vinyasa Flow (Jacq)	Yin Yoga (Jjoyce)		Training Course	Vinyasa Flow (Jacq)			Training Course				
7:30 - 8:00														
8:00 - 8:30														
8:30 - 9:00														
9:00 - 9:30														
9:30 - 10:00														

* \$30 / class and enjoy whole week unlimited free classes

* \$25 / class

* attend 4 classes within 6 weeks and get a complimentary 5th loyalty class

* call 68420885 / 83216170 for reservations

Class booking/cancellation Rules and Regulations:

All practitioner are to abide to Union Yoga Ayurveda rules and regulations at all times to prevent any unforeseen circumstances.

- ✓ Booking must be made at least 24hrs in advance by Whatsapp SMS.
- ✓ Booking from Loyalty card user must be made at least 6hrs in advance.
- ✓ Loyalty card are valid for 3 months from the day of first usage.
- ✓ Loyalty card must be presented before class commences, otherwise, prevailing walk-in rate would be applied.
- ✓ Booking for all other coupons/groupouner are valid for 6 weeks from the date of first usage.
- ✓ Cancellation must be made 12hrs in advance, otherwise it will be marked as a class used.
- ✓ Cancellation for Loyalty card user must be made 4hrs in advance or earlier, otherwise it will be marked as a class used.