

Union Yoga Ayurveda Classes at Kembangan branch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 - 9:30							
9:30 - 10:00	Training Course	Training Course	Training Course				
10:00 - 10:30							
10:30 - 11:00							
11:00 - 11:30							
11:30 - 12:00	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga			
12:00 - 12:30							
12:30 - 1:00							
1:00 - 1:30							
1:30 - 2:00	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Training Course	Training Course
2:00 - 2:30							
2:30 - 3:00							
3:00 - 3:30							
3:30 - 4:00							
4:00 - 4:30						Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga
4:30 - 5:00							
5:00 - 5:30						Meditation	
5:30 - 6:00							
6:00 - 6:30							
6:30 - 7:00							
7:00 - 7:30							
7:30 - 8:00	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga	Hatha Yoga / Yin Yoga				
8:00 - 8:30	Training Course	Training Course	Training Course	Training Course	Training Course		
8:30 - 9:00							
9:00 - 9:30							
9:30 - 10:00							

* \$25 / class

* attend 4 classes within 6 weeks and get a complimentary 5th loyalty class

* call 68420885 / 83216170 for reservations

Union Yoga Ayurveda Classes at Beauty World branch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
9:00 - 9:30												
9:30 - 10:00												
10:00 - 10:30	Yin Yang Yoga (Margaret)		Aerial Stretch (Amy)	Hatha Yoga (Zhi Yan)	Hatha Yoga (Amy)	Hip Opening (Wenyi)	Ashtanga Beginner (Wenyi)	Gentle Yoga (Anne)	Sun Salutation (Jasper)			
10:30 - 11:00												
11:00 - 11:30	Hatha Yoga (Cecilia)	Training Course	Core Yoga (Amy)	Training Course	Yoga For Beginner (Mandarin Speaking) (Amy)	Training Course	Yoga Stretch (Wenyi)	Hatha Yoga (Cecilia)	Hatha Yoga (Anne)	Training Course	Hatha Yoga (Deepshikha)	Training Course
11:30 - 12:00												
12:00 - 12:30												
12:30 - 1:00												
1:00 - 1:30												Aerial Yoga (Jasper)
1:30 - 2:00												
2:00 - 2:30		Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Seasonal Course	Aerial Yoga (Maria)	
2:30 - 3:00												
3:00 - 3:30												
3:30 - 4:00												
4:00 - 4:30												
4:30 - 5:00												
5:00 - 5:30												
5:30 - 6:00												
6:00 - 6:30	Yin Yoga (Jacq)	Hatha Yoga (Deepshika)	Hatha Yoga (Jacq)	Yin Yoga (Jacq)	Hatha Yoga (Jacq)	Yin Yoga (Jacq)	Hatha Yoga (Jacq)	Yin Yoga (Jacq)	Yoga Dynamic (Jasper)	Hatha Yoga (Intermediate) (Jasper)	Training Course	
6:30 - 7:00												
7:00 - 7:30		Training Course	Yin Yoga (Jjoyce)	Vinyasa Flow (Jacq)	Core Yoga (Jacq)	Training Course	Yin Yoga (Jacq)	Yoga Dynamic (Jasper)	Hatha Yoga (Intermediate) (Jasper)	Training Course		
7:30 - 8:00												
8:00 - 8:30			Yoga Therapy (Jjoyce)	Aerial Yoga (Jasper)	Core Yoga (Jacq)	Training Course	Yin Yoga (Jacq)	Yoga Dynamic (Jasper)	Hatha Yoga (Intermediate) (Jasper)	Training Course		
8:30 - 9:00												
9:00 - 9:30												
9:30 - 10:00												

* \$30 / class and enjoy whole week unlimited free classes)

* \$25 / class

* attend 4 classes within 6 weeks and get a complimentary 5th loyalty class

* call 68420885 / 83216170 for reservations

Class booking/cancellation Rules and Regulations:

All practitioner are to abide to Union Yoga Ayurveda rules and regulations at all times to prevent any unforeseen circumstances.

- ✓ Booking must be made at least 24hrs in advance by Whatsapp SMS.
- ✓ Booking from Loyalty card user must be made at least 6hrs in advance.
- ✓ Loyalty card are valid for 3 months from the day of first usage.
- ✓ Loyalty card must be presented before class commences, otherwise, prevailing walk-in rate would be applied.
- ✓ Booking for all other coupons/groupon user are valid for 6 weeks from the date of first usage.
- ✓ Cancellation must be made 12hrs in advance, otherwise it will be marked as a class used.
- ✓ Cancellation for Loyalty card user must be made 4hrs in advance or earlier, otherwise it will be marked as a class used.