

**Union Yoga Ayurveda
Beauty World Branch
June 2018 Schedule**

Time/Studio	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	Ahimsa	Niyama	Ahimsa	Niyama	Ahimsa	Niyama	Ahimsa	Niyama	Ahimsa	Niyama	Ahimsa	Niyama	Ahimsa	Niyama		
9:00 - 10:00	Gentle Yoga <i>Candy</i>	Sun Salutation <i>May</i>	Deep Stretch <i>Wenyi</i>	Detox Yoga <i>Amy</i>	Hatha Yoga <i>Har Lee</i>					Hatha Flow <i>Cheri</i>		Hatha Yoga <i>Candy</i>				
10:00 - 11:00	Yin Yang Yoga <i>Margaret</i>	Yoga Stretch <i>May</i>	Hatha Yoga <i>Zhi Yan</i>	Gentle Core <i>Amy</i>	Vinyasa Flow <i>Har Lee</i>		Detox Yoga <i>Wenyi</i>			Aerial Yoga <i>Cheri</i>	Yoga For Beginner <i>Jasber</i>	Hatha Yoga <i>Hilda</i>	Sun Salutation <i>Coco</i>	Gentle Yoga <i>Katherin</i>		
11:00 - 12:00	Yoga Instructor Certification		Yoga Instructor Certification	Aerial Stretch <i>Amy</i>	Yoga Instructor Certification		Ashtanga Yoga <i>Wenyi</i>		Yoga Instructor Certification		Ayurveda Therapist Training Course 10.00am-1.00pm	Yoga Stretch <i>Hilda</i>	Yoga Instructor Certification	Hatha Yoga <i>Katherin</i>		
12:00 - 1:00																
1:00 - 2:00																Aerial Yoga <i>Jasper</i>
2:00 - 3:00																
3:00 - 4:00	Seasonal Course		Seasonal Course		Seasonal Course		Seasonal Course		Seasonal Course				Rope Yoga <i>Jasper</i>			
4:00 - 5:00																
5:00 - 6:00																
6:00 - 7:00		Hatha Flow Yoga <i>Emilia</i>	Vinyasa Flow <i>Jacq</i>			Yin Yoga <i>Jacq</i>	Hatha Yoga <i>Jacq</i>			Hatha Yoga <i>Eileen</i>						
7:00 - 8:00		Gentle Yoga <i>Emilia</i>	Yoga Stretch <i>Jacq</i>	Yin Yoga <i>Joyce</i>		Hatha Yoga <i>Jacq</i>	Yin Yoga <i>Jacq</i>	Hatha Yoga <i>Candy</i>	Yoga Stretch <i>Eileen</i>							
7:30 - 8:00	Certificate in Yoga Therapy	Yoga Instructor Certification			Certificate in Yoga Therapy				Yoga Instructor Certification							
8:00 - 10:00																

All practitioners are to abide to Union Yoga Ayurveda rules and regulations at all times to prevent any unforeseen circumstances

Fees

\$30 - 1 week pass to unlimited classes (one time offer)
 \$25 - walk-ins, attend 4 classes within 6 weeks, receive 5th class free
 \$180 - 10 classes

Bookings

- Bookings for all others must be made at least 24 hrs in advance via Whatsapp group
 - Cancellations must be made 12 hrs in advance

Contact Us:

Please call **6842 0885/8321 6170** for reservations and enquiries

Loyalty Card Users

- Bookings to be made 6 hrs in advance via Whatsapp group
 - Loyalty cards are valid for 3 months from day of first usage
 - Loyalty Cards must be presented before class commencement, otherwise walk-in rates apply
 - Cancellations must be made 4 hrs in advance, otherwise it will be marked as class used

